

Elementary Menu October/November 2009



Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.25	Student	\$1.65
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.65	Adult	\$2.75
Extra Milk — \$0.50			

www.carrollcountyschools.com

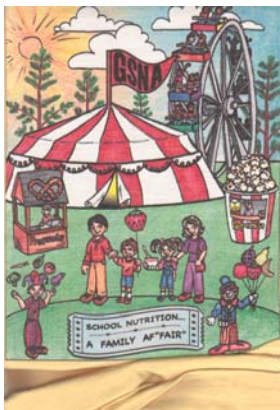
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK CHOICE IS SERVED WITH EACH MEAL.					
DAY	OCTOBER 26	OCTOBER 27	OCTOBER 28	OCTOBER 29	OCTOBER 30
BREAKFAST	Pancake on a Stick & Pineapple Tidbits	French Toast & Juice	Muffin, Cereal & Juice	Chicken Biscuit & Applesauce	Cheese Omelet & Fruit
LUNCH	Pepperoni Pizzas or Asian Chicken Nuggets w/Roll Tossed Salad Corn Mixed Fruit	Hot Dog or Grilled Cheese Sandwich w/Chili w/Beans & Saltines Broccoli w/Cheese Sauce Baked Potato / Peach Half	Chicken Sandwich or Mini Burgers (2) Lettuce, Tomato, Dill Slice Tator Tots / Pear Half Spice Cake	Chicken Fajita or Beef Taco Shredded Lettuce, Diced Tomatoes, Shredded Cheese Pinto Beans Orange Wedges	P.B.J. Sandwich or Pimento Cheese Sandwich w/ Vegetable Beef Soup Saltines / Grapes Juice Bar / School Made Cookie
SALAD	Chef Salad	Asian Chicken Salad	Chef Salad	Asian Chicken Salad	P. B. J. Sack Lunch

	NOVEMBER 1	2	3	4	5
DAY					
BREAKFAST	Sausage Biscuit & Pear Halves	Cheese Toast, Yogurt & Juice	Breakfast Bagel & Fruit	Eggs, Grits, Toast & Fruit	Cereal, Muffin & Cinnamon Apples
LUNCH	Cuban Pork Sandwich or Pizza Dippers Tossed Salad Steamed Carrots Glazed Apple Half	Teriyaki Chicken or Homemade Steak & Gravy Steamed Rice California Blend Vegetables Roll / Applesauce	Chicken Tenders or Hot Ham & Cheese Sandwich Macaroni & Cheese Green Beans Pineapple Tidbits Crescent Cookie	Cheeseburger or BBQ Sandwich Baked Wedges Baked Beans Strawberry Shortcake	Pizza or Crispito w/Cheese Sauce Tossed Salad Corn Peach Slices
SALAD	Fried Chicken Salad	Caesar Salad	Fried Chicken Salad	Caesar Salad	Smuckers Sack Lunch



MENU IS SUBJECT TO CHANGE.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



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Extra Milk — \$0.50

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK CHOICE IS SERVED WITH EACH MEAL.					
DAY	9	10	11	12	13
BREAKFAST	Chicken Biscuit & Grapes	Apple Cinnamon Mini Loaf, Cereal & Fruit	French Toast Sticks & Fruit	Breakfast Pizza & Orange Wedges	Sausage Biscuit & Banana
LUNCH	Corn Dog or Fish & Shrimp Cornbread Au Gratin Potatoes Baby Green Lima Beans Peach Cup	Mini Burgers (2) or Sloppy Jo Bakes French Fries Cauliflower w/Dip Pear Slices Chocolate Chip Cookie	<i>Manager's Choice</i> (Please check with individual schools for their choice for today.)	"Thanksgiving Meal" Turkey Roast or Glazed Ham Cornbread Dressing Seasoned Green Beans Candied Yams / Fruit Salad Cranberry Sauce	P.B.J. Sandwich or Mozzarella Cheese Sticks w/ Turkey Noodle Soup Saltines Baby Carrots/Cucumbers w/Dip Strawberry Fruit Pops
SALAD	Chef Salad	Tuna Salad Plate	Chef Salad	No Salads Today	P.B. & J. Sack Lunch

	16	17	18	19	20
DAY					
BREAKFAST	Honey Wheat Bun & Applesauce	Pancake on a Stick & Pineapple Tidbits	French Toast & Juice	Muffin, Cereal & Juice	Chicken Biscuit & Applesauce
LUNCH	Sausage or Chicken Biscuit Scrambled Eggs Cheese Grits Strawberry/Banana Cup Juice Cup Cinnamon Roll	Pepperoni Pizzas or Asian Chicken Nuggets w/Roll Tossed Salad Corn Mixed Fruit	Hot Dog or Grilled Cheese Sandwich w/Chili w/Beans & Saltines Broccoli w/Cheese Sauce Baked Potato / Juice Bar	Chicken Sandwich or Mini Burgers (2) Lettuce, Tomato, Dill Slice Tator Tots / Pear Half Spice Cake	Chicken Fajita or Beef Taco Shredded Lettuce, Diced Tomatoes, Shredded Cheese Pinto Beans Orange Wedges
SALAD	Chef Salad	Pretzel Plate	Chef Salad	Pretzel Plate	Smuckers. Sack Lunch

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Thanksgiving Holidays November 23 - 27



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